# PHYSICAL THERAPY



Specialized hospital for medical rehabilitation of cardiac, pulmonary and rheumatic diseases

### **BASIC PHYSIATRY PACKAGE**

- 1 x physician's examination
- 5/10 x group exercises in the gym
- 5/10 x group exercises in the pool
- 5/10 x electrotherapy

Package 5 days: 220.00 € Package 10 days: 360.00 €

## **REHABILITATION PACKAGE**

- 1 x physician's examination
- 5/10 x group exercises in the gym
- 5/10 x group exercises in the pool
- 3/5 x therapy with *Tesla* device
- 5/10 x thermotherapy (paraffin, hydrocollator or IC lamp)
- 5/10 x electrotherapy (TENS, D.D., IFS, UZ, magnet, galvanic currents, etc.)

Package 5 days: 290.00 €
Package 10 days: 520.00 €

# THALASSOTHERAPIA PACKAGE - BASIC

- 1 x physician's examination
- 5/10 x individual exercises in the gym
- 5/10 x group exercises in the pool
- 3/5 x radiofrequency therapy
- 3/5 x therapy with the Tesla device

Package 5 days: 350.00 € Package 10 days: 580.00 €

## THALASSOTHERAPIA PACKAGE - PLUS

- 1 x physician's examination
- 5/10 x individual exercises or robotics (D-Wall, Pablo, Tymo)
- 5/10 x group exercises in the pool
- 5/10 x electroprocedure on the Compex device or thermotherapy
- 5/10 x electrotherapy (TENS, D.D., IFS, UZ, magnet, HGK, laser...)

Package 5 days: 390.00 €
Package 10 days: 650.00 €

# **Additional options**

(after physician's examination):

#### DIGITAL FUNCTIONAL TRAINING D-WALL

Analysis of movement in real-time using a 3D camera.

#### TRAINING ON ANTI-GRAVITY TREADMILL

Reduces load and accelerates painless recovery.

#### TRAINING ON A BICYCLE TRAINER

Ride through realistic 3D paths with data display.

#### ISOKINETIC TRAINING

Controlled muscle strengthening through measured resistance.

# **ROBOTICS (PABLO, TYMO)**

Assisted rehabilitation with precise monitoring and a playful approach.

Exempt from VAT, according to Article 39, paragraph 1, point b, of the VAT Act (Official Gazette 115/16).

#### THALASSOTHERAPIA OPATIJA

Maršala Tita 188/1, 51410 Opatija Main building, ground floor - to the right of the counter is the office for 'Private ordering and payment'.

#### **WORKING HOURS:**

Weekdays 7:00 AM - 3:00 PM **Phone:** +385 51 202 620

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